



Self Regulation Questionnaire

The purpose of this questionnaire is to obtain more information regarding the referral for _____
_____.

Please note: your referral will not be prioritized for an appointment until this information is received.

Date _____

Referral Source _____

Contact Info _____

Thank you for your referral for _____

(child's name)

This child has been referred for _____

In order to help expedite/prioritize this referral we need the following information:

1. What is the behavior(s)? Please describe _____

2. How does the behavior impact on day-to-day function? _____

3. When does it happen? (how often, duration) _____

4. Are there any patterns to this behavior? _____

5. Have any strategies been used to identify the causes of this behavior? _____

6. What have you tried to address the behavior (including strategies and materials)? What was the result? _____

7. Has behavior mapping been completed (i.e. ABC, journal)? Please elaborate. _____

8. What other services are they receiving, if any? (i.e. mental health, social work, psychologist, Resource, IPP) _____

9. Signature of person completing form _____

Name (please print) _____

Contact # _____

Email _____

**Thank you for your time, the above information will be used to prioritize your referral.
Please don't hesitate to contact us if you have any questions.**

Digby General Hospital
Phone: (902) 845-2502 Ext 3257
Fax: (902) 245-3000

Yarmouth Regional Hospital
Phone: (902) 742-3542 Ext 1137
Fax: (902) 749-0759

Roseway Hospital
Phone: (902) 875-4144 Ext 2204
Fax: (902) 875-2911